The Continuum of Prevention, Care, Treatment and Support in the Build-up to Universal Access in Cambodia

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# **HIV/AIDS situation in Cambodia**

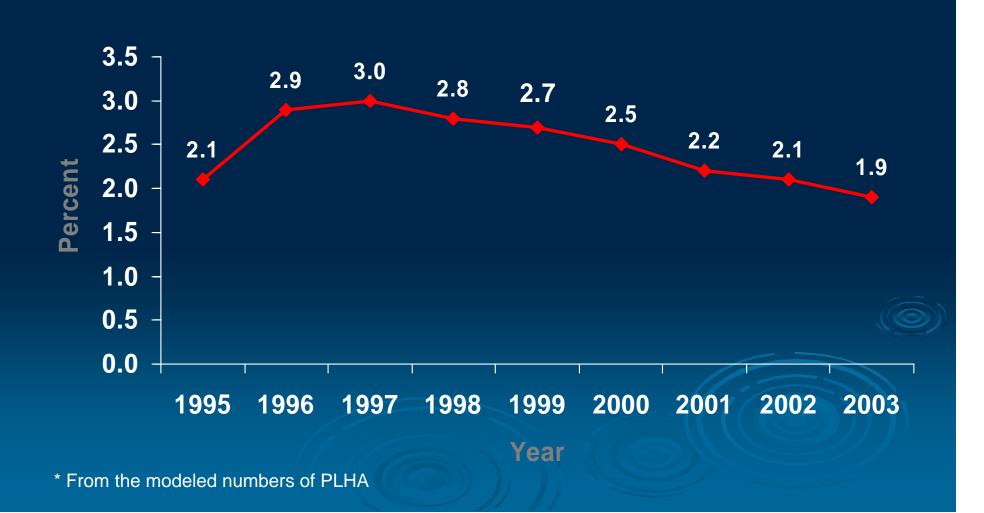
- First HIV detected in 1991
- First AIDS case diagnosed in 1993
- Main route of HIV transmission: heterosexual
- 1998: 179,000 people living with HIV and AIDS

#### In 2003:

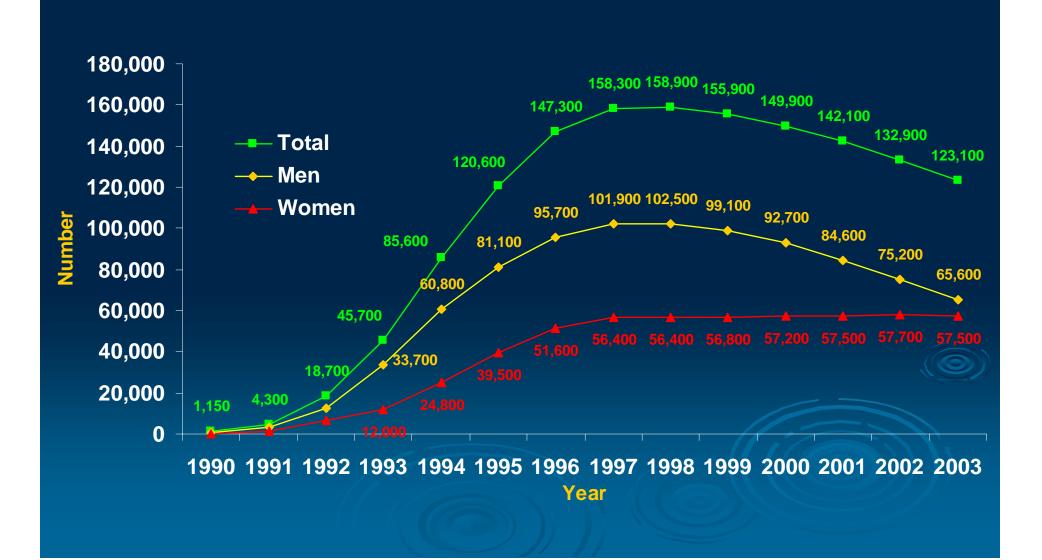
- Estimated adult population infection rate: 1.9 %
- Estimated number of PLHAs among adult population: 123,100 (women 57,500)
- AIDS patients: ~ 20,000
- No National Data of HIV infected Children

(Some Organizations estimated 9,000 HIV infected Children and 3,000 AIDS)

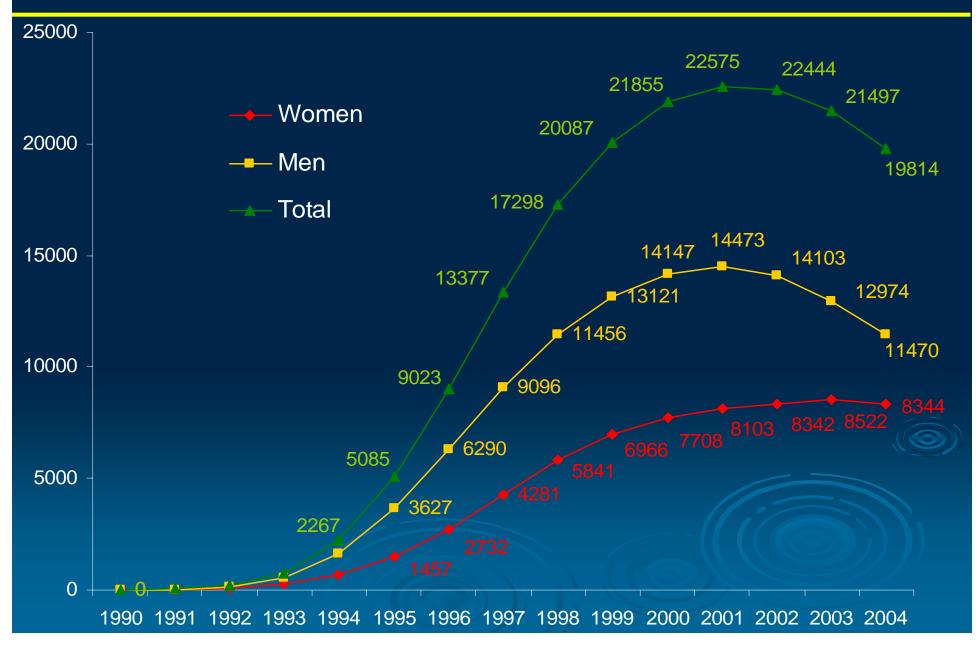
### Estimated National HIV Prevalence\* among Adults Aged 15-49, 1995-2003, Cambodia



# Estimated number of people aged 15-49 living with HIV/AIDS, 1990-2003, Cambodia



### Estimated number of AIDS cases by year, Cambodia



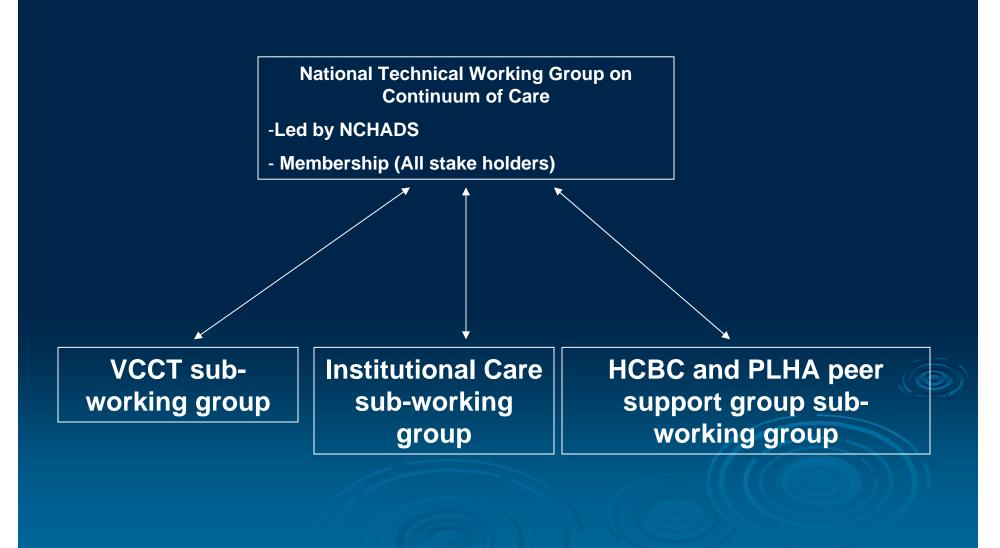
### HIV/AIDS Treatment and care in Cambodia: before 2002

- OI & ART commenced in few centres in Phnom Penh in 1999 (OI), (ART) 2001. Then expanded to a few provinces – by NGOs
- Home-based care commenced in Phnom Penh and a few provinces
- VCCT centers confined in Phnom Penh and provincial towns (fewer than 20)
- No systematic framework for continuum of care

### How to develop CoC: Partnership & participation

- Decentralisation to Operational District (OD) level: NCHADS (strategy, technical and financial support), province (planning & reporting), OD (implementing)
- At OD level: some 85 other local NGOs including PLHA groups work in partnership with the programme
- Good coordinating mechanisms through the Steering Committees and Technical Working Groups:
  - Coordinate to develop Policy ,Strategy and Guidelines for the HIV/AIDS programme
  - Coordinate and collaborate on programme implementation at both provincial and national level
  - Monitor HIV/AIDS programme implementation at all level

### Partnerships for the development of the Continuum of Care



# The Continuum of Care: after 2003

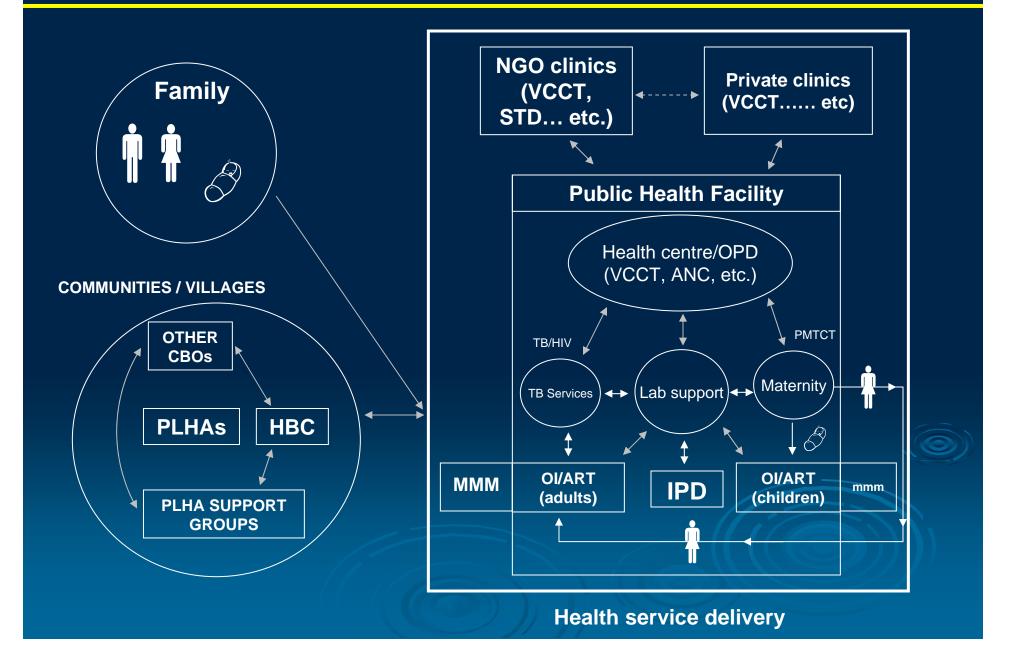
- CoC framework: approved by the MOH in May 2003
- Partnerships between medical services, PLHA groups, public health system & NGOs at OD
- Strong referral mechanisms between the home, the community & the institutional care levels
- Effective involvement of PLHA in all aspects of the continuum of care – MMM (Real Involvement of PLHAs = RIPÁ)
- Reinforcement of health care facilities to provide quality care services to PLHA
- Development of care packages at each level of the health care system

### **CoC Coordinating Committee**

- 1. Governor or Vice-governor of district
- 2. OD director
- 3. Director or D/D of RH (OI/ART team leader)
- 4. Representative of OI/ART (Clinician)
- 5. Chief of Pediatric ward
- 6. Chief of TB ward
- 7. Chief of MCH
- 8. Chief of infectious disease ward
- 9. Representative of NGOs
- 10. Each representative of all HBC teams
- 11. Representative of religious groups
- 12. Representative of District PLHAs Network (DPN+) me
- 13. HIV/AIDS OD coordinator

Chairperson vice-chair member secretary

#### **Comprehensive CoC in Cambodia**



### Integration of TB/HIV Care and Treatment (similar approach to PMTCT)

- ✤ TB/HIV TWG set-up in 2002
- TB/HIV care and treatment framework approved by MoH in 2002
- Pilot for TB/HIV care and treatment in 4 provinces
- 2005 Strengthened collaboration between NCHADS and CNAT for HIV/TB care and treatment through:
  - Joint statement between NCHADS and CNAT for HIV/TB care and treatment;
  - Joint strategic activities for prompt HIV testing among TB patients and early TB screening among PLHAs;
  - Joint work plan: selection of 300 health centers for prompt HIV testing among TB patients in 2006

# Pediatric AIDS CARE

- Pediatric AIDS Care integrated into CoC package, implemented by pediatric services at Referral Hospital (Lab. Support) – introduced 2005.
- Pediatric OI/ART team consists of 1-2 pediatricians, 1-2 nurse counselors and 1-2 volunteers for social support
- Capacity building: training curriculum on OI/ART and psychosocial support already finalized, training program will start in May 06 (5 months course)
- Procurement and supply management (PSM) integrated into the adult OI/ART system
- Pediatric AIDS Care Sites: 2003-2005
  - Phnom Penh: 3 sites
  - □ Provinces: 6 sites (SVR, TKV, KCM, SHV, Komar AngKor, BTB)
- ✤ Up to Dec 2005: 1071 children on ART
- Increase Pediatric AIDS Care from 9 sites (2005) to 17 sites (2006)

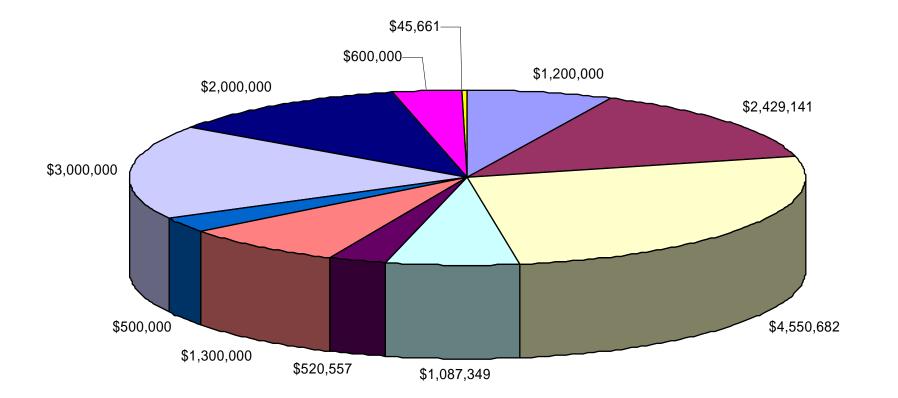
## International support

\* NCHADS 2005 Work Plan includes:

- 4 bi-lateral donors (DFID, CDC-GAP, FC, AusAid, ESTHER)
- 3 multi-lateral donors (World Bank, EU, GFATM)
- Main USAID/NGO partners and NGOs (FHI, URC, RHAC, RACHA, CARE, KHANA, FRC, MSF/F,MSF/B, WVI-C, Maryknoll, LWF, CHEC, CRC, CHC, HNI...)
- 5 UN Agencies (WHO, UNICEF, UNAIDS, UNFPA, WFP)
- 2 Research Institutions (ITM, UNSW)
- Private sector: CHAI, Roche

 In 2005: ~US\$ 18 million (\$10 million managed by NCHADS, including \$1.2 million national budget)

### Funding Sources for HIV Prevention and Care Managed by NCHADS (Except USAID/NGOs and MSF), 2005



■ NB ■ DFID ■ GFATM ■ CDC-GAP ■ EUROPAID ■ AUSAID/ROCHE/UNSW ■ WB ■ USAID/NGOs ■ MSF ■ FC ■ CHAI

### Sector-wide Management

- MoU or LOA with some partners
- NCHADS Annual Comprehensive Work
  Plan includes most of funding sources
- Fit into the MoH Annual Operational Plan
- Integrated within the Health Services
- Funding management by NCHADS with transparent and accountable funding flow (Annual International Audit)

### Increase access to quality care for PLHAs

- Advocacy to expand urgently: 11,000 patients on ART by 2005– must be a political priority
- Comprehensive planning for a 'Comprehensive Continuum of Care' (labs, training, drugs and supplies, testing and counselling, referral systems, financing, etc)
- Involve all partners hospital and HC staff, NGOs, PLHA, community, local private sector
- Innovative financing mechanisms insurance, equity funds, pre-paid care

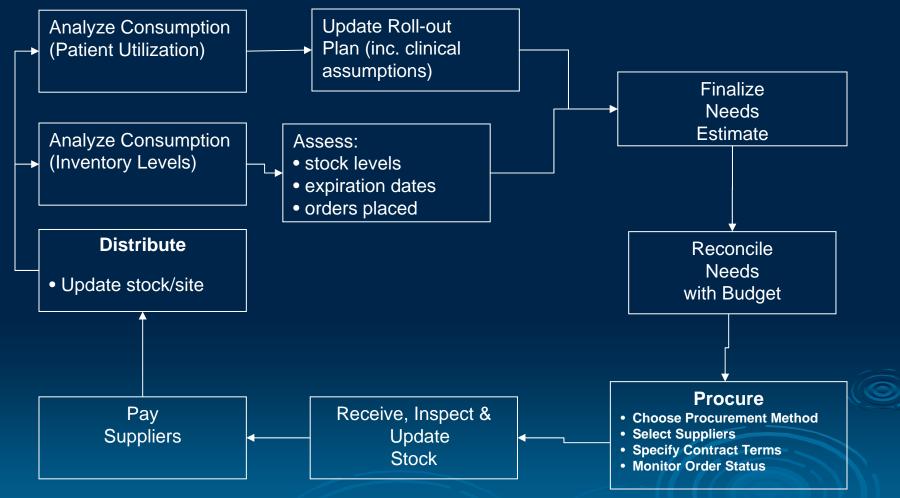
# **Capacity Building**

- Set up OI/ART team in RH: 8 members (2 clinicians, 2 nurse ART counselors, 1 logistic officer, 1 X-Ray, 1 lab. Technician, 1 team leader)
- ✤ Training programs:
  - Training curriculum already developed: OI/ART for clinicians is 5-month course, ART Counseling is 3-week course, logistics management is 3- week course; OI/ART for pediatricians (5month course) already finalized but waiting for approval from MoH
  - Training activities: (1) OI/ART for clinicians: 100 clinicians trained; (2) ART counseling: 50 counselors trained, (3) Logistic Management: 30 logistic officers trained; (4) Training on OI/ART for pediatricians will start in January 2006
  - Training in practices (learning by doing) for Pediatric clinicians at National Hospitals for two weeks before commencing OI/ART services

# Laboratory Support for OI/ART

- ♦ Before July 2005: cost for CD 4 testing was \$14/test → main barrier for accessing ART
- ◆ Through leasing agreement of CD 4 FACSCount machines: CD 4 testing is free (subsidized by partners) → 15,000 tests since Sep '05
- Upgrading general laboratory:
  - Renovate laboratory facilities
  - Provide 11 Spectrophotometers, 2 Ultrasound, 4 X-Ray machines and accessories, 20 hemato analyzers, reagents and consumables etc.
  - Training program for lab technicians

### Procurement and Distribution Cycle of HIV/AIDS Commodities and Supplies



•Quarterly Reports/Request received by NCHADS at end of each quarter

•Distribution: 3 months of need + 1 month security buffer

•Emergency orders if site running critically low on certain supplies

# Achievement of Continuum of Care in 2005

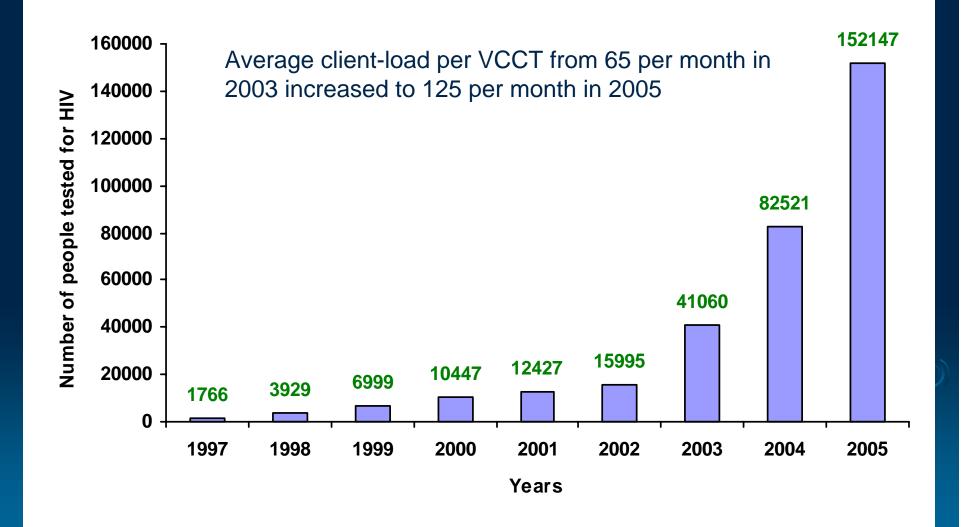
# VCCT

- VCCT: entry point for both Prevention and Care
- First VCCT established in 1995 at Institute Pasteur of Cambodia
- Between 1996-2001 6 VCCTs:
  - □ 4 VCCTs stand-alone
  - □ 2 VCCTs integrated in the Public Hospitals
- ✤ From 2002 to Dec 2005, 104 new VCCT sites established:
  - □ 74 VCCT sites in the public health sector
  - 25 VCCT sites NGOs (RHAC, Center of Hope, K. Angkor Hosp)
  - □ 5 VCCT sites Sun Health Quality Clinic (PSI)

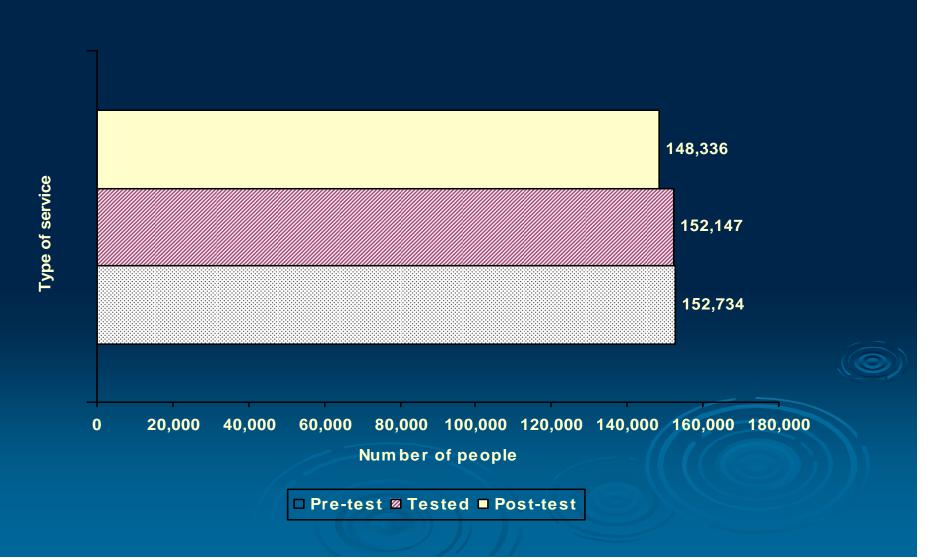
As of 31 December 2005 : 109 VCCT sites in all provinces

### Trend in number of people tested for HIV

#### from 1997 to December 2005



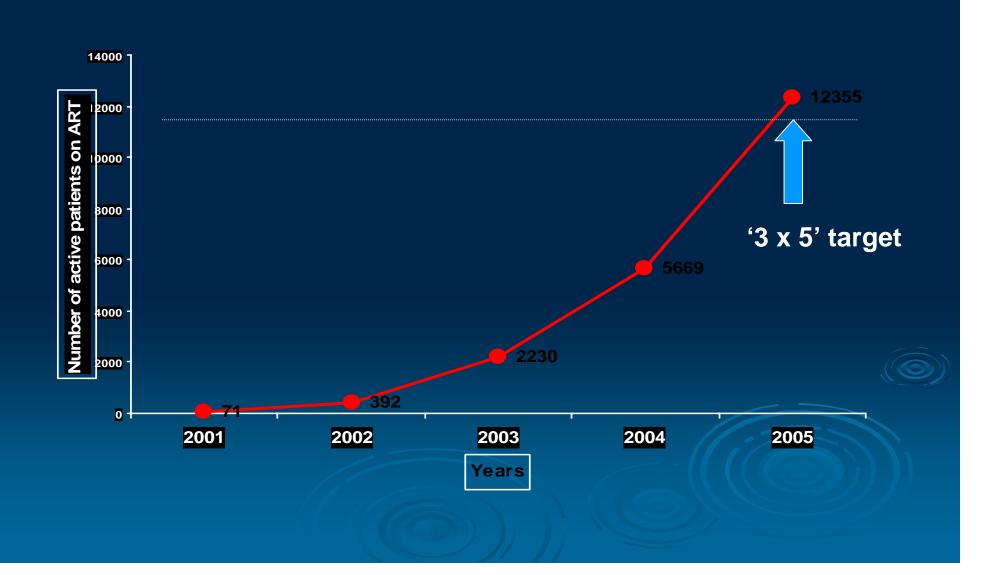
# Quality of VCCT: 97% received their test results through post-test counseling



# Health Facility Based Care (HFBC)

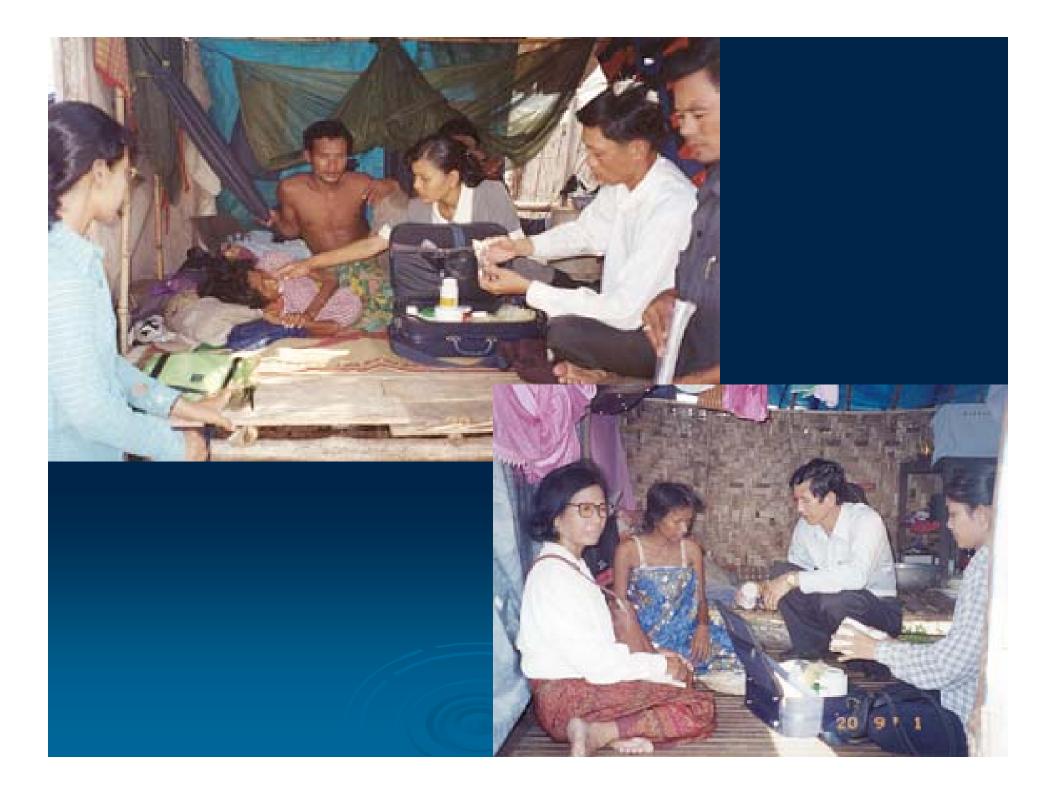
- OI/ART: started in June, 2001 at PBSHN Hospital
- CoC started in August, 2003 at Maung Ressey RH (BTB Prov.)
- As of 31 December 2005:
  - 1. CoC (incl. OI/ART) in 18 ODs/RHs at 14 Provinces
  - 2. OI/ART (not full CoC): 9 sites in Phnom Penh and 3 sites at 2 Provinces
  - 3. 12,355 AIDS Patients (Male: 5861, Female: 5423) are on ART
    - (including 1071 children [boys: 567, girls: 504] on ART)
  - ~ additional 10,658 PLHA receiving OI treatment and prophylaxis (no ART)
  - 4. 96% on 1<sup>st</sup> line treatment
- PMTCT: started in 2002
- As of December 2005: 27 sites in 15 ODs at 10 Provinces
- in 2004 'mothers class': 9350 (159 were HIV+), ART: 182 mothers and 187 babies

# PLHA on ART: 2001-2005



### Home & Community Based Care (HCBC)

- HCBC established in 1998 with 8 HBC teams, organized by NCHADS/ WHO
- HBC team members: 1 HC staff, 1 or 2 NGO staff and 2 PLHA volunteers
- From 1998-2000: 4 HCBC teams performed in 4 Provinces: KCN, BTB, SHV and SRP.
- As of December 2005: 261 HCBC teams in 17 provinces and Phnom Penh – now NGOs managing



# PLHA Peer Support Groups

CPN+ established in July 2001

- As of December 2005: 439 peer support group networks in 12 provinces with 14,790 members.
- Involving in policy, strategy, guideline formulation, and MMM activities. Meetings between HCBC network and PSG network conducted once every quarter.
- PPN+ network at provincial level and DPN+ network set up at district level in 2006.

### Mondul Mith Chuoy Mith (MMM) and mmm for HIV infected children - RIPA

- Reduce stigmatization and discrimination of PLHA by care givers
- Bringing all stakeholders (local authorities, PH officers, Clinicians, Counselors, Religious, NGOs, CBOs, HBC, PLHA) to work together to support PLHA
- Linkage between the community responsibility and the clinical care and support to PLHA
- Started : 23 August 2003 in Maung Russey OD
- ♦ On average : 200 PLHA participate monthly in MMM monthly activities (meditation, exercise, dialogue→ sharing experiences, income generating, side effects, health education, reproductive health, relevant care services, medical care and treatment).





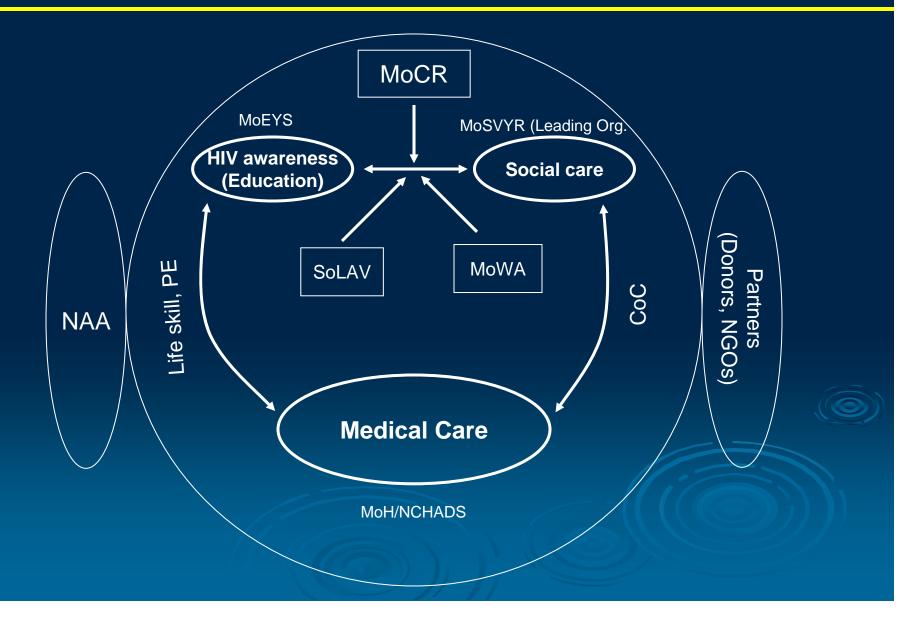
# How was this achieved?

- Ownership by the Cambodian National Programme (Political commitment, clear vision, common strategies for all stakeholders, effective institutional base, regular monitoring)
- Support from the International Community→ partnership and participation to support decentralisation to provinces, ODs and NGO partners
- Sector-Wide Management (SWiM) comprehensive programme managed by NCHADS – transparent & accountable
- Integration of CoC into the Health Care System
- Community participation: PLHAs, NGOs, Religious bodies. ...

### Roadmap to Universal Access by 2010

- ✤ In 2005: actual ART 12,355 (including 1071 children) ~ 56%
- In 2010: 20,000 AIDS patients on ART (est. 95%)
- ✤ How to achieve this target?
  - Increase VCCT sites from 110 (2005) to 250 sites (2010): maintain quality, & demand from clients
  - Increase CoC full package sites (incl. pediatric & PMTCT) from18 (2005/2006) to 30 sites (2010) and maintain current 14 OI/ART sites → total OI/ART services from 32 (2005) to 50 sites (2010); maintain quality; ensure adherence.
  - Strengthen HBC and PLHA networks reduce discrimination & stigmatization
  - Strengthen logistics and supply management, & monitoring and data management
  - Integrate ARV resistance into HIV/AIDS Surveillance System
  - Mobilize all funding sources including National Budget for sustainability

## HIV/AIDS Prevention and Care for Impact Mitigation/OVC, Operated at District Level



# Conclusion

- The programme is committed to Universal Access: with ownership, targets, political commitment, capacity building and appropriate technical decision-making....
- …with wide-ranging partnerships to effectively utilize the contribution from all stakeholders.....and
- Committed to effective, transparent, accountable management – and high quality services.

# Additional benefits..

### CoC contributes to:

- Strengthening Health Care System (referral system, upgrading lab, capacity building, increasing staff motivation, re-vitalised service delivery...)
- Change from 'Clinical Management' to 'Public Health' approach (MMM, HCBC..)
- Stimulate linkage between health facilities and the community – client-driven approach
- Capacity building of health professionals.

# Than R. Nou