

### DEPARTMENT OF HEALTH

### NATIONAL EPIDEMIOLOGY CENTER

# Newly Diagnosed HIV Cases in the Philippines

In August 2011, there were 196 new HIV Ab sero-positive individuals confirmed by the STD/AIDS Cooperative Central Laboratory (SACCL) and reported to the HIV and AIDS Registry (Table 1). This was 81% higher compared to the same period last year (n=108 in 2010) [Figure 1].

Most of the cases (93%) were males. The median age was 28 years (age range: 2-60 years). The 20-29 year (57%) age-group had the most number of cases. Fifty-five percent (108) of the reported cases were from the National Capital Region (NCR).

Reported mode of transmission was sexual contact (187), needle sharing among injecting drug users (8) and mother-to-child transmission (1) [Table 2, page 3]. Males having sex with other Males (78%) were the predominant type of sexual transmission [Figure 2]. Most (96%) of the cases were still asymptomatic at the time of reporting [Figure 3].

#### AIDS Cases

Of the 196 HIV positive cases, seven were reported as AIDS cases; one was female and six were males. The median age is 33 years (age range: 20-43 years). All acquired the infection through sexual contact [heterosexual (2), homosexual (3), bisexual (2)]. Of the AIDS cases, there were four reported deaths for this month; one was female and three were males. Ages range from 20 to 40 years (median 35 years).

#### **Overseas Filipino Workers (OFW)**

Twenty- three of the 196 (12%) reported cases were OFWs [Figure 9, page 3]. There were 18 males and 5 females. The median age was 34 years (age range: 22-60 years). All cases acquired the infection through sexual contact (10 heterosexual, 8 homosexual, and 5 bisexual).

Table 1. Quick Facts

Demographic Data	August 2011	Jan-Aug 2011	Cumulative Data: 1984–2011
Total Reported Cases	196	1,416	7,431
Asymptomatic Cases	189	1,350	6,501
AIDS Cases	7	66	930
Males	182	1,309	6,006*
Females	14	107	1,414*
Youth 15-24yo	56	413	1,627
Children <15yo	1	3	58
Reported Deaths due to AIDS	4	13	337

\*Note: No data available on sex for eleven (11) cases.

Figure 1. Number of New HIV Cases per Month (2009-2011)

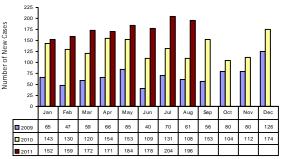
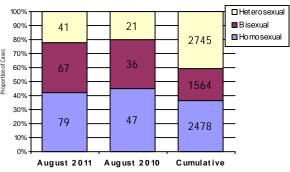


Figure 2. Comparison of the Proportion of Types of Sexual Transmission in 2011, 2010 & Cumulative Data (1984-2011)



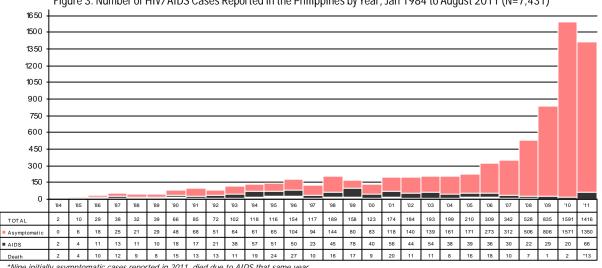


Figure 3. Number of HIV/AIDS Cases Reported in the Philippines by Year, Jan 1984 to August 2011 (N=7,431)

Nine initially asymptomatic cases reported in 2011, died due to AIDS that same year

#### Philippine HIV/AIDS Registry

### AIDS Cases (1984-2011)

Of the 1,416 HIV positive cases in 2011, sixty-six were reported as AIDS cases. Eighty-six percent were males. Ages ranged from 1-59 years (median 31 years). 97% (64) acquired the infection through sexual contact [heterosexual (18), homosexual (27), and bisexual contact (19)]. Other modes of transmission include: (1) mother-to-child transmission and (1) needle sharing among injecting drug users.

From 1984 to 2011, there were 930 AIDS cases reported, 72% (673) were males. Median age was 35 years (range 1-72 years). Of the reported AIDS cases, there were 337 (36%) deaths. Sexual contact was the most common mode of HIV transmission, accounting for 93% (867) of all AIDS cases. More than half (468) of sexual transmission was through heterosexual contact, followed by homosexual contact (302) then bisexual contact (97). Other modes of transmission include: mother-to-child transmission (18), blood transfusion (10), injecting drug use (5), and needle prick injuries (2) [Figure 4]. Three percent (28) of the AIDS cases did not report mode of HIV transmission.

### Demographic Characteristics (1984-2011)

In 2011, there were a total of 1,416 cases reported. 92% of the cases reported were males (1,309). Ages ranged from 1-67 years old (median 27 years). The 20-29 year old age group (60%) had the most number of cases for 2011. For the male age group, the most number of cases were found among the 20-24 years old (27%), 25-29 years old (34%) and 30-34 years old (17%) [Figure 5].

From 1984 to 2011, there were 7,431 HIV Ab sero-positive cases reported (Table 1), of which 6,501 (87%) were asymptomatic and 930 (13%) were AIDS cases. As shown in Figure 6, there is a significant difference in the number of male and female cases reported. Eighty-one percent (6,006) were males. Ages ranged from 1-73 years (median 30 years). The age groups with the most number of cases were: 20-24 years (20%), 25-29 (26%) and 30-34 years (19%) [Figure 6].

Figure 6. Comparison of the Distribution of Male and Female HIV Cases by Age-Group and Certain Highlighted Years

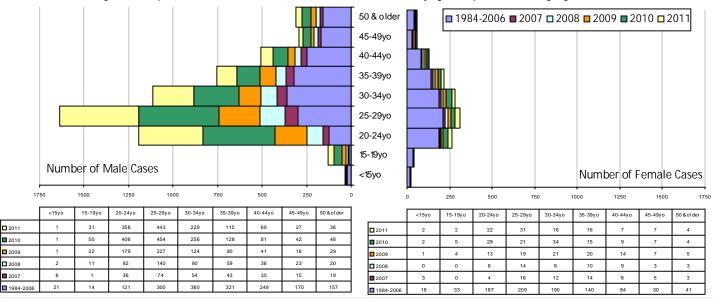
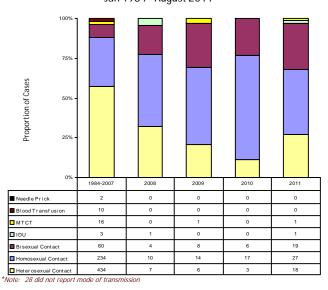


Fig 4. Proportion of Modes of Transmission of AIDS Cases by Year, Jan 1984–August 2011







### Philippine HIV/AIDS Registry

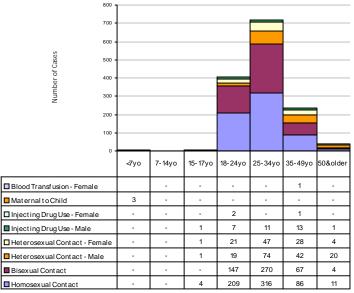
## Modes of Transmission (1984-2011)

In 2011, 97% (1,371) were infected through sexual Figure 7. Proportion of Modes of HIV Transmission by Age-Group, 2011(n=1,416) contact, 3% (36) through needle sharing among injecting drug users, <1% (3) through mother-to-child transmission and <1% (1) through blood transfusion; 5 had no reported data on mode of transmission (Table 2). There were 1,270 males and 101 females infected through sexual transmission. The age range of those infected through sexual transmission was 15-67 years old (median 27 years).

Of the 7,431 with HIV from 1984 to 2011, 91% (6,787) were infected through sexual contact, 3% (191) through needle sharing among injecting drug users, 1% (55) through mother-to-child transmission and <1% (20) through blood transfusion. Other modes of transmission are listed in Table 2. No data is available for 5% (375) of the cases. Cumulative data shows 40% (2,745) were infected through heterosexual contact, 37% (2,478) through homosexual contact, and 23% (1,564) through bisexual contact. From 2007 there has been a shift in the predominant trend of sexual transmission from heterosexual contact (24%) to males having sex with other males (76%) [Figure 8].

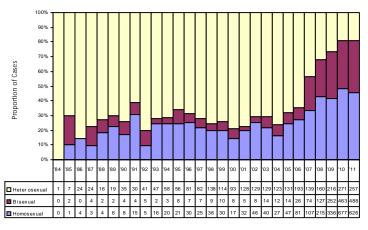
Table 2. Reported Mode of HIV Transmission

Mode of Transmission	August 2011 n=196	Jan—Aug 2011 n=1,416	Cumulative N=7,431
Sexual Contact	187	1,371	6,787
Heterosexual contact	41(22%)	257(19%)	2,745(40%)
Homosexual contact	79 (42%)	626 (46%)	2,478 (37%)
Bisexual contact	67(36%)	488 (36%)	1,564 (23%)
Blood/Blood Products	0	1	20
Injecting Drug Use	8	36	191
Needle Prick Injury	0	0	3
Mother-to-Child	1	3	55
No Data Available	0	5	375



\*No data available on Modes of Transmission for five (5) cases

Figure 8. Proportion of Types of Sexual Transmission, Jan 1984–Aug 2011

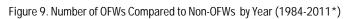


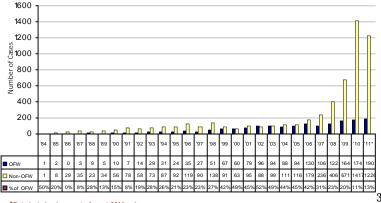
# Overseas Filipino Workers (OFW)

In 2011, there were 190 HIV positive OFWs, comprising 13% of cases reported for the year [Figure 9]. Of these, 160 (84%) were males and 30 (16%) were females; all infected through sexual contact.

There were 1,713 HIV positive OFWs since 1984, comprising 23% of all reported cases [Figure 9]. Seventy-six percent (1,306) were males. Ages ranged from 18 to 69 years (median 35 years). Sexual contact (96%) was the predominant mode of transmission (Table 3). Eighty-four percent (1,438) were asymptomatic while 16% (275) were AIDS cases.

Mode of Transmission	Aug 2011 n= 23	Jan– Aug 2011 n= 190	Cumulative N=1,713
Sexual Transmission	23	190	1,651
Heterosexual contact	10 (43%)	75 (39%)	1,077(65%)
Homosexual contact	8 (35%)	54 (28%)	332 (20%)
Bisexual contact	5 (22%)	61 (32%)	242 (15%)
Blood/Blood Products	0	0	10
Injecting Drug Use	0	0	1
Needle Prick Injury	0	0	3
No Data Available	0	0	48





\*Data includes January to August 2011 only

#### Philippine HIV/AIDS Registry

# Program Related Information

Of the 196 HIV positive cases reported in August 2011, seven were classified as AIDS. Eighty-one percent of the cases received information on HIV prevention, services available for HIV cases, implications of an HIV positive result from screening and confirmation. Their sources of information were one-on-one counseling, group counseling, pre-departure orientation seminar (PDOS), pamphlets, videos, internet and seminars.

# Blood Units Screened for HIV

Note: The following information is from the National Voluntary Blood Safety Program (NVBSP) which monitors blood safety of donated blood. HIV reactive blood units are referred to the Research Institute for Tropical Medicine (RITM) for confirmation. RITM is the National Reference Laboratory for the NVBSP.

From January to August 2011, 626 blood units were screened reactive for HIV and referred to RITM for confirmation. All these HIV reactive blood units were immediately sent to RITM and not transfused to anyone.

For August 2011, out of 80 screened HIV reactive blood units referred for confirmation, 18 units were confirmed positive for HIV by RITM, 2 units had indeterminate results and 60 were negative for HIV [Table 4].

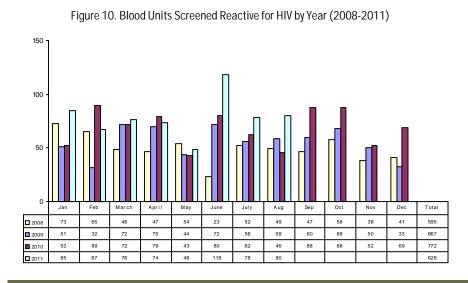


Table 4. Results of screened HIV reactive Blood Units

Monthly Report	2011		
	Blood units* referred for confirmation	Confirmed Positive	Indetermi- nate
January	85	11	0
February	67	15	2
March	76	14	1
April	74	20	1
Мау	48	10	0
June	118	32	4
July	78	22	1
August	80	18	2
September			
October			
November			
December			
Total for the year (Jan –Aug only)	626	142	11

\* One blood donor can donate more than one blood unit.

\*\* These are HIV positive blood units, not donors. Donors of HIV positive blood units may or may not be in the HIV & AIDS Registry.

#### Philippine HIV & AIDS Registry

The Philippine HIV & AIDS Registry is the official record of the total number of laboratory-confirmed HIV positive individuals, AIDS cases and deaths, and HIV positive blood units in the Philippines. All individuals in the registry are confirmed by the STD/AIDS Cooperative Central Laboratory (SACCL) at San Lazaro Hospital. While all blood units are confirmed by the Research Institute for Tropical Medicine (RITM). Both are National Reference Laboratories (NRL) of the Department of Health (DOH).

Mandatory HIV testing is unlawful in the Philippines (RA 8504). The process of reporting to the Registry is as follows: All blood samples from accredited HIV testing facilities that are screened HIV reactive are sent to SACCL (individuals) or RITM (blood units) for confirmation. Confirmed HIV positive individuals and blood units are reported to the DOH-National Epidemiology Center (NEC), and are recorded in the Registry.

The Registry is a passive surveillance system. Except for HIV confirmation by the NRL, all other data submitted to the Registry are secondary and cannot be verified. An example would be an individual's reported place of residence. The Registry is unable to determine if this reported address is where the person got infected, or where the person lived after being infected, or where the person is presently living, or whether the address is valid. This limitation has major implications to data interpretation. Thus, readers are cautioned to carefully weigh the data and consider other sources of information prior to arriving at conclusions.

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