#### NATIONAL EPIDEMIOLOGY CENTER

## **Newly Diagnosed HIV Cases in the Philippines**

In September 2014, there were 565 new HIV Ab sero-positive individuals confirmed by the STD/AIDS Cooperative Central Laboratory (SACCL) and reported to the HIV and AIDS Registry (Table 1). This was 32 % higher compared to the same period last year (n=427). [Figure 1]

Table 2. Percentage of **HIV Cases per Region** (September 2014)

Region	% of
	Cases
I	2%
II	1%
III	9%
IVA	14%
IVB	1%
V	2%
VI	2%
VII	8%
VIII	2%
IX	2%
X	3%
XI	7%
XII	2%
CAR	1%
CARAGA	1%
ARMM	<1%
NCR	42%

Most of the cases (94%) were male. The median age was 28 years (age range: 13-67 years). The 20-29 year (59%) age group had the most number of cases.

Reported modes of transmission were sexual contact (538), needle sharing among injecting drug users (26) and mother-to-child transmission (1) [Table 3, page 2]. Males having sex with other males (81%)was the predominant type of sexual transmission [Figure 2]. Most (90%) of the cases were still asymptomatic at the time of reporting [Figure 3].

In September 2014, 80% of the new HIV cases came from NCR, Region 4A, Region 3, Region 7 and Region 11 [Table 2].

**Table 1. Quick Facts** 

Demographic Data	September 2014	Jan-Sept 2014	Cumulative 1984—2014
Total Reported Cases	565	4,473	20,989
Asymptomatic Cases	510	4,067	19,077
AIDS Cases	55	406	1,912
Males	530	4,288	18,948*
Females	35	185	2,030*
Youth 15-24yo	167	1,267	5,456
Children <15yo	1	4	69

\*Note: No data available on sex for (11) cases.

Figure 1. Number of New HIV Cases per Month (2012-2014)

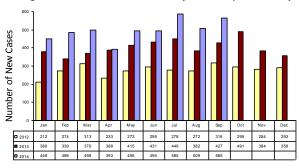


Figure 2. Comparison of the Proportion of Types of Sexual Transmission in 2014, 2013 & Cumulative Data (1984-2014)

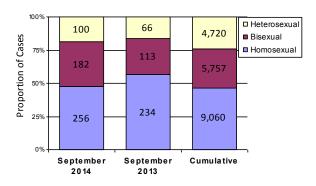
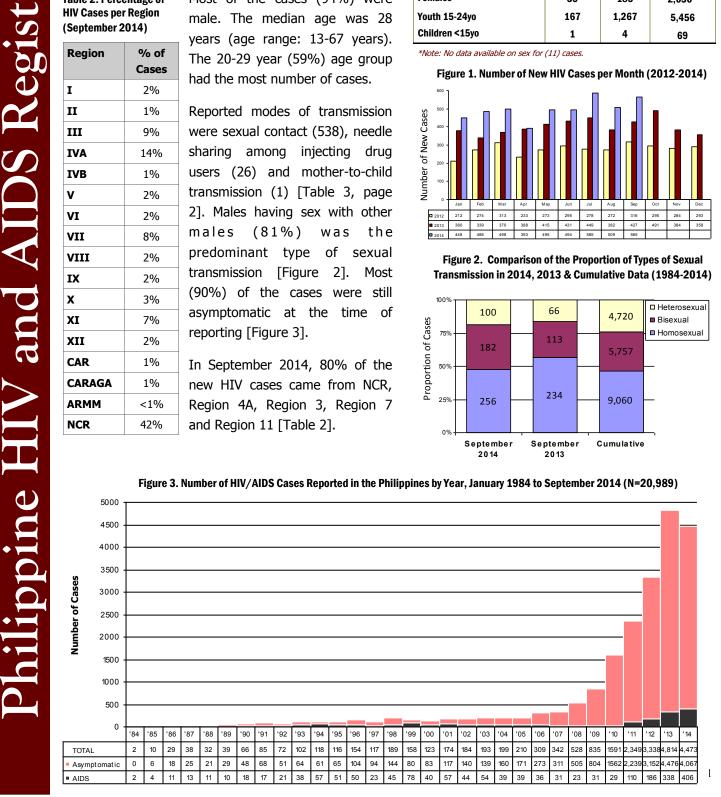


Figure 3. Number of HIV/AIDS Cases Reported in the Philippines by Year, January 1984 to September 2014 (N=20,989)



# **Demographic Characteristics (1984-2014)**

Ninety-six percent of the 4,473 cases in 2014 were male (4,288). Ages ranged from 1 to 82 years old (median 28 years). The 20-29 year old age group had the most (58%) number of cases for 2014. For the male age group, the most number of cases were found among the 20-24 years old (25%), 25-29 years old (34%), and 30-34 years old (19%) [Figure 4].

From 1984 to 2014, there were 20,989 HIV Ab sero-positive cases reported (Table 1), of which 19,077 (91%) were asymptomatic and 1,912 (9%) were AIDS cases. As shown in Figure 4, there is a significant difference in the number of male and female cases reported. Ninety percent (18,948) were male. Ages ranged from 1-82 years (median 28 years). The age groups with the most number of cases were: 20-24 years (23%), 25-29 (31%), and 30-34 years (19%) [Figure 4].

■ 1984-2009 □ 2010 ■ 2011 ■ 2012 □ 2013 ■ 2014 50 & older 45-49vo 40-44yo 35-39yo 30-34yo 25-29vo 20-24yo 15-19yo Number of Female Cases Number of Male Cases <15vo 625 600 575 550 525 500 475 450 425 400 375 350 325 300 275 250 225 200 175 150 125 100 750 500 250 250 500 750 1000 1250 1500 1750 2000 2250 2500 2750 3000 3250 3500 3750 4000 4250 4500 4750 5000 5250 5500 5750 6000 6250 40-44yo 30-34yo 15-19yo 20-24yo 25-29yo 30-34yo 35-39yo 40-44vo 15-19yo 20-24yo 25-29yo 35-39yo 45-49yo 2014 **2**014 2013 147 1,169 1,559 906 363 209 127 103 **2**013 11 48 57 43 29 16 11 13 95 622 89 20 23 24 13 12 12 2012 774 1.090 289 71 2012 36 44 23 21 10 8 2011 76 589 739 378 193 117 51 49 2 3 9 2010 2010 1984-2009

Figure 4. Comparison of the Distribution of Male and Female HIV Cases by Age-Group and Certain Highlighted Years

\*Note: 74 did not report age, 11 did not report sex, 10 did not report age and sex

# **Modes of Transmission (1984-2014)**

In 2014, ninety-four percent (4,192) were infected through sexual contact, 6% (277) through needle sharing among injecting drug users and 4 was infected through mother-to-child transmission (Table 3). There were 4,020 males and 172 females infected through sexual transmission. The age range of those infected through sexual transmission was 15-82 years old (median 28 years).

Of the 20,989 HIV positive cases reported from 1984 to 2014, 93% (19,537) were infected through sexual contact, 5% (988) through needle sharing among injecting drug users, <1% (66) through mother-to-child transmission, <1% (20) through blood transfusion and needle prick injury <1% (3) [Table 3]. No data is available for 2% (375) of the cases.

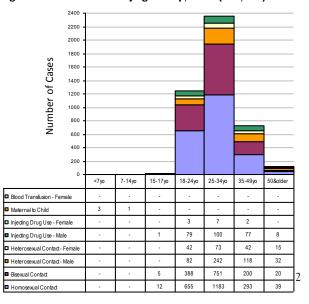
Figure 5. Proportion of Types of Sexual Transmission, January 1984—September 2014

100%
90% 80% 80% 90% 10%
90% 10%
90% 10% 90% 10% 90% 10% 90% 10% 90% 10% 90% 10% 90% 10% 90% 10% 90% 10% 90% 10% 90% 10% 90% 10% 90% 10% 90% 10% 90% 10% 90% 10% 90% 10% 90% 10% 90% 10% 90% -

Table 3. Reported Modes of HIV Transmission

Mode of Transmission	September 2014	Jan-Sept 2014	Cumulative N=20,989
Sexual Contact	538	4,192	19,537
Heterosexual contact	100(19%)	646(15%)	4,720(24%)
Homosexual contact	256(48%)	2,182(52%)	9,060(46%)
Bisexual contact	182(34%)	1,364(33%)	5,757(29%)
Blood/Blood Products	0	0	20
Injecting Drug Use	26	277	988
Needle Prick Injury	0	0	3
Mother-to-Child	1	4	66
No Data Available	0	0	375

Figure 6. HIV Transmission by Age-Group, 2014 (n=4,473)

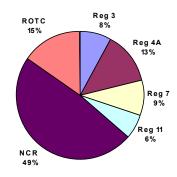


# **Geographic Distribution (1984-2014)**

Since 1984 to present, there were 20,989 cases reported. Almost half (9,472) came from the National Capital Region. [Figure 7]. Thirteen percent (2,670) came from region 4A, followed by 9% (1,876) from Region 7, 8% (1,662) from Region 3, 6% (1,220) from Region 11 and the rest of the country comprises 15% (2,951) of all the cases.

\*Note: 1,138 or 5% of the cases had no reported data on their address at the time of diagnosis

Figure 7. Percentage of HIV Cases by Region, January 1984–September 2014



## **AIDS Cases (1984-2014)**

Of the 4,473 HIV positive cases in 2014, four hundred six were reported as AIDS cases. Ninety-seven percent (393) were male and 3% (13) were female. Ages ranged from 17-69 years (median 30 years). Three hundred ninety-nine acquired the infection through sexual contact (215 homosexual, 126 bisexual and 58 heterosexual) and 7 acquired through injecting drug use.

From 1984 to 2014, there were 1,912 AIDS cases reported. Eighty-four percent (1,614) were male and 16% (298) were female. Median age is 32 years (age range: 1-81 years). Sexual contact was the most common mode of HIV transmission, accounting for 96% (1,831) of all reported AIDS cases. Forty-five percent (815) of sexual transmission was through homosexual contact, followed by heterosexual contact (634) then bisexual contact (382).

# **Overseas Filipino Workers (1984-2014)**

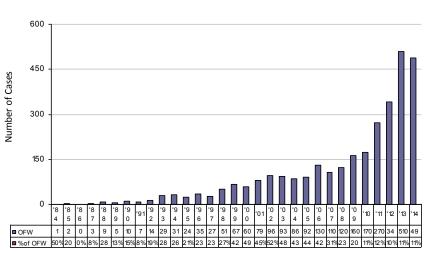
In 2014, there were 489 HIV positive OFWs, comprising 11% of cases reported for the year [Figure 8]. Of these, 430 (88%) were male and 59 (12%) were female. Most were infected through sexual contact (168 heterosexual, 192 homosexual and 128 bisexual).

There were 3,127 HIV positive OFWs since 1984, comprising 15% of all reported cases [Figure 8]. Eighty-two percent (2,552) were males. Ages ranged from 18 to 80 years (median 33 years). Sexual contact (98%) was the predominant mode of transmission (Table 4). Eighty-nine percent (2,773) were asymptomatic while 11% (354) were AIDS cases.

**Table 4. Mode of HIV Transmission Among OFWs** 

Mode of Transmission	Sept 2014 n=63	Jan-Sept 2014 n=489	Cumulative N=3,127
Sexual Transmission	63	488	3,061
Heterosexual contact	21(33%)	168(34%)	1,523(50%)
Homosexual contact	22(35%)	192(39%)	874(29%)
Bisexual contact	20(32%)	128(26%)	664(22%)
Blood/Blood Products	0	0	10
Injecting Drug Use	0	1	5
Needle Prick Injury	0	0	3
No Data Available	0	0	48

Figure 8. Number of OFWs and the Proportion of OFWs among the Total HIV Cases by Year



## **Deaths among People with HIV**

From January 1984 to September 2014, there were 1,065\* reported deaths among people with HIV [Table 5]. Eighty-two percent (875) were male. In total, there has been 124 reported deaths among youth (15-24 years old) and 15 reported deaths among children (<15 years old).

From January to September 2014, there were a total of 126 reported deaths. Ninety-seven percent (122) were male [Table 5]. The highest number of deaths occurred in the 25-29 (39%) age group [Figure 9]. This was followed by the 30-34 (22%) and 20-24 (11%) and 35-39 (11%) age groups. For the month of September 2014, there were 13 deaths reported to the Registry. Among these, 6 died in September while 7 died prior to the reporting month. [Table 5].

Among the reported deaths in 2014, sexual contact (95%) was the most common mode of HIV transmission (64 homosexual, 41 bisexual, 15 heterosexual). There were 6 cases who got infected through injecting drug use (5%) [Figure 9].

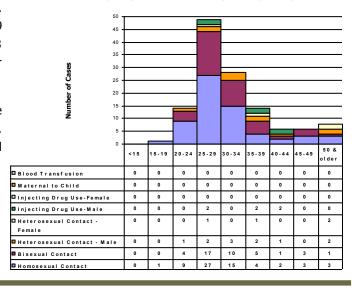
\*The DOH established a separate reporting mechanism for deaths in 2012. Prior to this, deaths were infrequently reported to the HIV/AIDS Registry. It is likely that the number reflected here is an underestimate of the total number of deaths among People with HIV in the Philippines.

Table 5. Demographic data of reported deaths among People with HIV

Demographic Data	September 2014	Jan-Sep 2014	Cumulative* (1984-2014)
<b>Total Reported Deaths</b>	6	126	1,065
Males	6	122	875
Females	0	4	190
Youth 15-24yo	0	15	124
Children <15yo	0	0	15

\*Note: No year of death reported for 46 cases

Figure 9. HIV Transmission by Age-Group of Reported Deaths among People with HIV, Jan-Sep 2014 (n=126)



### **PLHIV on Anti-Retroviral Therapy (ART)**

As of September 2014, there were 7,663\* People Living with HIV presently on Anti Retroviral Therapy. These are the combined numbers of adult and pediatric patients currently enrolled and accessing Anti -Retroviral drugs in the 19 treatment hubs listed on the right.

\* This is not a cumulative number. It does not include those who already have died, left the country, lost to follow up or decided to stop taking

#### Treatment Hubs in the Philippines

- 1. Ilocos Training and Regional Medical Center
- 2. Cagayan Valley Medical Cente
- 3. Baguio General Hospital and Medical Center
- 4. Jose B. Lingad Medical Center
- 5. James L. Gordon Memorial Hospital
- 6. Makati Medical Center
- 7. Philippine General Hospital
- 8. Research Institute for Tropical Medicine
- 9. San Lazaro Hospital
- 10. The Medical City 11. Bicol Regional Training and Teaching Hospital
- 12. Corazon Locsin Montelibano Memorial Regional Hospital
- 13. Western Visavas Medical Center
- 14. Gov. Celestino Gallares Memorial Hospital
- 15. Vicente Sotto Memorial Medical Center 16. Zamboanga City Medical Center
- 17. Southern Philippines Medical Center
- 18 Northern Mindanao Medical Center
- 19. Eastern Visayas Regional Medical Cemter

### **Blood Units Confirmed for HIV**

As of September 2014, 333 blood units were confirmed positive for HIV by RITM. There is no available data yet on the total number of blood units donated.

These are confirmed positive blood units, not blood donors. One donor can donate more than one blood unit. HIV positive blood donors may not be in the HIV & AIDS Registry unless they underwent voluntary counseling and testing as individuals.

Table 6 Number of Confirmed **HIV Positive Blood Units** 

Month	2014
January	40
February	29
March	45
April	34
May	27
July	25
July	40
August	45
September	48
October	
November	
December	
Total	333



National HIV/AIDS & STI Surveillance and Strategic **Information Unit** 

National Epidemiology Center, Department of Health, Bldg. 19, San Lazaro Compound, Sta. Cruz, Manila 1003 Philippines

Tel: +632 651-7800 local 2926, 2952 Fax: +632 495-0513 Email: HIVepicenter@gmail.com Website: http://www.doh.gov.ph

Philippine HIV & AIDS Registry Report **Editorial Team:** 

Langan, RN

te, MD, PHSAE SAE, FPSMID

#### -■ Philippine HIV & AIDS Registry

The Philippine HIV & AIDS Registry is the official record of the total numb HIV positive individuals, AIDS cases and deaths, and HIV positive blood units in the Philippines. All individuals in the registry are confirmed by the STD/AIDS Cooperative Central Laboratory (SACCL) at San Lazaro Hospital. While all blood units are confirmed by the Research Institute for Tropical Medicine (RITM). Both are National Reference Laboratories (NRL) of the Department of Health DOH).

ndatory HIV testing is unlawful in the Philippines (RA 8504). The process of reporting to the Registry is as follows: All blood samples from accredited HIV testing facilities that are screened HIV reactive are sent to SACCL (individuals) or RITM (blood units) for confirmation. Confirmed HIV positive individuals and blood units are reported to the DOH-National Epidemiology Center (NEC), and are recorded in the Registry.

The Registry is a passive surveillance system. Except for HIV confirmation by the NRL, all data submitted to the Registry are secondary and cannot be verified. An example would be an individual's reported place of residence. The Registry is unable to determine if this reported address is where the person got infected, or where the person lived after being infected, or where the person is presently living, or whether the address is valid. This limitation has major implicatio to data interpretation. Thus, readers are cautioned to carefully weigh the data and consider other sources of information prior to arriving at conclusions.