



## Factsheet N°5: Prevention for Mother-to-Child Transmission (PMTCT) Services in Nepal

### Prevention for Mother-to-Child Transmission (PMTCT) Sites:

- 1) Maternity Hospital, Thapathali, Kathmandu
- 2) Bheri Zonal Hospital, Banke
- 3) Tribhuvan University Teaching Hospital, Kathmandu
- 4) BP Koirala Institute of Health Sciences (BPKIHS), Dharan
- 5) Western Regional Hospital, Kaski
- 6) Narayani Sub-Regional Hospital, Parsa
- 7) Mahakali Zonal Hospital, Kanchanpur
- 8) Seti Zonal Hospital, Kailali
- 9) Doti District Hospital, Doti
- 10) Achham District Hospital, Achham
- 11) Baglung District Hospital, Baglung
- 12) Koshi Zonal Hospital, Morang
- 13) Bharatpur Hospital, Chitwan
- 14) Mechi Zonal Hospital, Jhapa
- 15) Janakpur Zonal Hospital, Dhanusha
- 16) Palpa District Hospital, Palpa
- 17) Mid-west Regional Hospital, Surkhet

Community- Based PMTCT service is available up to Primary Health Care Centres (PHC), Health Post (HP) and Sub-Health Post (SHP) in 2 districts:

- Achham – 14 sites
- Sunsari – 12 sites

Source: NCASC, 2009.

### PMTCT in Nepal

- ✎ Comprehensive PMTCT service started in Nepal from February 2005.
- ✎ Government provides free ARV drugs and follow-up testing for the baby free of cost from 18 months.
- ✎ There are 17 PMTCT sites, of which 16 sites offer Pediatric ART and 5 sites provide CD4 testing onsite.

Table 1: Facts on PMTCT in Nepal

Indicators	Value
✎ Annual estimated pregnancies:	900,000
✎ Mothers needing PMTCT:	1,800
✎ Total infected newborns needing PMTCT annually:	450-810
✎ Total pregnant women tested for HIV (2006-2009):	123,757
✎ Total new HIV +ve pregnant women (2006-2009):	262
✎ Total mother receiving Nevirapine (NVP):	124

Source: NCASC, 2009.

Table 2: Services statistics on PMTCT in Nepal (2005/06-2009)

Indicators	2005-06	2007	2008	July 2009
New Pre-test counseling (ANC & Labour)	31,666	35,270	46,822	19,986
New HIV tested (ANC & Labour)	28,485	32,553	42,733	20,588
New HIV Positive pregnant women	70	59	84	49
Mothers receiving Nevirapine (NVP)	35	28	47	14

Source: NCASC, 2009.

### For Further Information Please Contact:

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