



Factsheet N°4: Anti-Retroviral Therapy (ART) Services in Nepal

HIV Treatment and Care (Anti-Retroviral Therapy - ART) Sites:

- 1) Sukra Raj Tropical and Infectious Disease Control Hospital, Teku, Kathmandu
- 2) Bheri Zonal Hospital, Nepalgunj
- 3) Sparsha Nepal, Sanepa, Kathmandu
- 4) Tribhuvan University Teaching Hospital, Kathmandu
- 5) BP Koirala Institute of Health Sciences (BPKIHS), Dharan
- 6) Western Regional Hospital, Pokhara
- 7) Narayani Sub-Regional Hospital, Birgunj
- 8) Mahakali Zonal Hospital, Mahendranagar
- 9) Seti Zonal Hospital, Dhangadi
- 10) Doti District Hospital, Doti
- 11) Lumbini Zonal Hospital, Butwal
- 12) Achham District Hospital, Achham
- 13) Baglung District Hospital, Baglung
- 14) Koshi Zonal Hospital, Biratnagar
- 15) Bharatpur Hospital, Chitwan
- 16) Mechi Zonal Hospital, Jhapa
- 17) Kanti Children's Hospital, Maharajgunj, Kathmandu
- 18) Janakpur Zonal Hospital, Janakpur
- 19) Palpa District Hospital, Tansen
- 20) Mid-west Regional Hospital, Surkhet
- 21) Rapti Sub-Regional Hospital, Dang
- 22) Sagarmatha Zonal Hospital, Rajbiraj
- 23) Maiti Nepal, Kathmandu

Source: NCASC, 2009.

Facts and Figures on ART in Nepal:

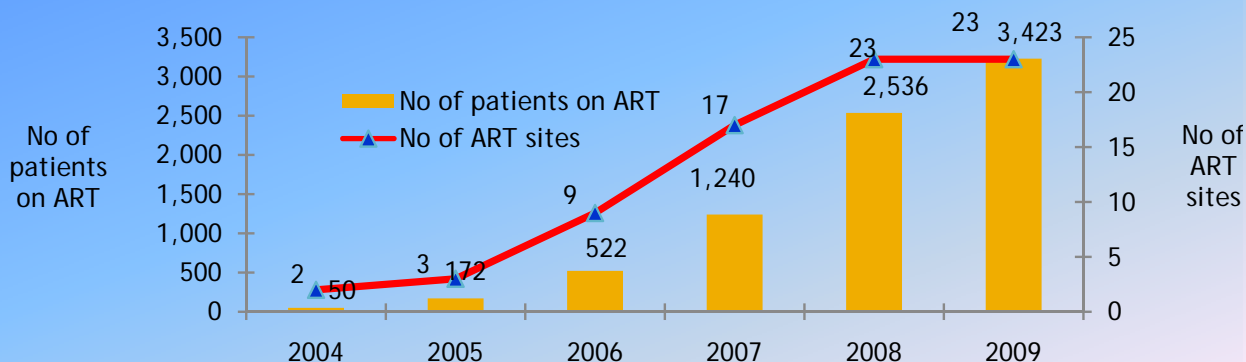
- ✍ Anti-retroviral treatment started in Nepal in February 2004 from Teku Hospital.
- ✍ Government is providing free of cost ART service for all those in need.
- ✍ There is a National ART Guidelines and SOP for the clinical management of ART in Nepal.
- ✍ Maiti Nepal and Sparsha Nepal are the only NGO sites providing ART.
- ✍ CD 4 counts service is available at 13 sites, while 4 sites have CD 4 Calibre.

Some facts on ART in Nepal:

🚫 Total ART need, by 2008:	17,000
🚫 Total ART coverage:	21%
🚫 Total ever enrolled in HIV care:	13,005
🚫 Total ever started on ART:	5,161
🚫 Total on ART:	3,423
🚫 Total deaths:	450
🚫 Total loss-to-follow-up:	198
🚫 Total stopped treatment:	23
🚫 Total on switched on the 2 nd line regimen:	17

Source: NCASC, 2009. (As of 15 Nov 2009)

Figure 1: Cumulative Number of Patients Receiving ART in Nepal (16 October 09)



For Further Information Please Contact:

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