ANTIBIOTIC RESISTANCE WHAT YOU CAN DO



Antibiotic resistance happens when bacteria change and become resistant to the antibiotics used to treat the infections they cause.



- Only use antibiotics when **prescribed** by a certified health professional
- Always take the full prescription, even if you feel better
- 3 Never use left over antibiotics
- 4 Never share antibiotics with others
- Prevent infections by regularly washing your hands, avoiding contact with sick people and keeping your vaccinations up to date



